

OKLAHOMA STATE UNIVERSITY

ONLINE TRAVEL SAFETY & HEALTH CERTIFICATION PROGRAM

LESSON 1: BEFORE YOU TRAVEL ABROAD

- Learn about local customs, culture, climate, laws and language before you travel
- Conduct pre-trip planning to enhance your awareness, preparation and security
- Identify critical tasks including what to pack and wear during your travel
- Embrace the “B” Principles of Travel Safety:
 Be Aware, Be Low Profile, Be Unpredictable & Be Prepared
- Ensure safety while traveling, when at work and at your hotel or place of residence
- Be informed and ready for any situation you might encounter

LESSON 2: TRAVEL HEALTH EDUCATION

- Travel with a personal medical kit and prescriptions
- Recognize food, water, insect, body fluid and air precautions to take while traveling
- Recognize when to seek medical care
- List specific vaccine-preventable diseases

LESSON 3: SITUATIONAL AWARENESS & SAFETY

- Define and recognize the four phases of Situational Awareness
- Create an enhanced awareness of your surroundings
- Use proven methods to blend in to your environment
- Identify possible safety or security risks in advance
- Be prepared to react appropriately to possible adverse situations that develop

LESSON 4: PERSONAL SECURITY MEASURES

- Identify the risks of using social media during your travel
- Protect your money, credit cards and other valuables
- Use methods to prevent theft by “pickpockets”
- List methods of reducing your chances of becoming a target of crime
- Use techniques to minimize the threats while traveling



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OKLAHOMA STATE UNIVERSITY

ONLINE TRAVEL SAFETY & HEALTH CERTIFICATION PROGRAM

REGISTRATION: Enroll online at cepd.okstate.edu

Company

Address

City / State / Zip

Participant 1

Title

Email

Participant 2

Title

Email

Participant 3

Title

Email

If registering more than 3 people, please email requested info to cepd@okstate.edu

One Registration: \$65

A check payable to the Oklahoma State University is enclosed for the amount of \$_____.

Charge \$_____ to my Visa MasterCard Card No. _____
Expiration date _____ Security code _____

To register, please send this form to:
Kelle Scott • Program Coordinator
Center for Executive and Professional Development
Spears School of Business | Oklahoma State University

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